

HEALTH SCREENING

Senior Executive

- ◆ Doctor consultation and medical examination
- ◆ Review of Lifestyle, Nutrition, Stress and Family history questionnaire
- ◆ Assessment of psychological Health
- ◆ Height
- ◆ Weight
- ◆ Body Mass Index
- ◆ Ear, nose & Throat Examination
- ◆ Examination of lungs at peak flow rate
- ◆ Breast Examination
- ◆ Cervical Smear
- ◆ Testicular examination
- ◆ Blood pressure, pulse and cardiovascular assessment
- ◆ Abdominal examination
- ◆ Musculo-skeletal examination
- ◆ Neurological review, including visual acuity, fields of vision and hearing assessment
- ◆ Urinalysis
- ◆ Full haematology and biochemistry assessments including blood count and kidney function test, cholesterol and glucose measurement.
- ◆ Written report to patient
- ◆ Exercise ECG
- ◆ Audiometry
- ◆ Faecal Occult Blood Analysis
- ◆ PSA (Prostate Specific Antigen for men over 40 years)
- ◆ Mammography(Optional extra)

Average screening time 2 to 3 hours approx.

Time with doctor 1 hour

Cost POA

This is the typical minimum content of a screen. Screens may vary dependant on provider.

Cancellation/postponement fees will be applied and differ with each provider.

Fees are payable to MCD at the time of booking.

MCD is a facilitator of services and is not responsible for failures in service levels of the provider.

HEALTH SCREENING

Executive

- ◆ Doctor consultation and medical examination
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- ◆ Blood pressure, pulse and cardiovascular assessment
- ◆ Abdominal examination
- ◆ Musculo-skeletal examination
- ◆ Neurological review, including visual acuity, fields of vision and hearing assessment
- ◆ Urinalysis
- ◆ Full haematology and biochemistry assessments including blood count and kidney function test, cholesterol and glucose measurement.
- ◆ Resting ECG (if over 50 optional extra)
- ◆ Written report to patient
- ◆ Mammography(Optional extra)

Average screening time 1.5 to 2 hours approx.

Time with doctor 45 minutes

Cost POA

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HEALTH SCREENING

Well Woman/Man

- ◆ Nurse based screen
- ◆ Review of Lifestyle, Nutrition, Stress and Family history questionnaire
- ◆ Height
- ◆ Weight
- ◆ Body Mass Index
- ◆ Blood Pressure
- ◆ Resting Pulse Rate
- ◆ Full haematology and biochemistry assessments including blood count and kidney function test, cholesterol and glucose measurement.
- ◆ Heart Disease Risk Score
- ◆ Urinalysis
- ◆ Instruction on breast self examination
- ◆ Instruction on testicular self-examination
- ◆ Mammography(Optional Extra)

Average screening time 1 hour approx.
Cost POA

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